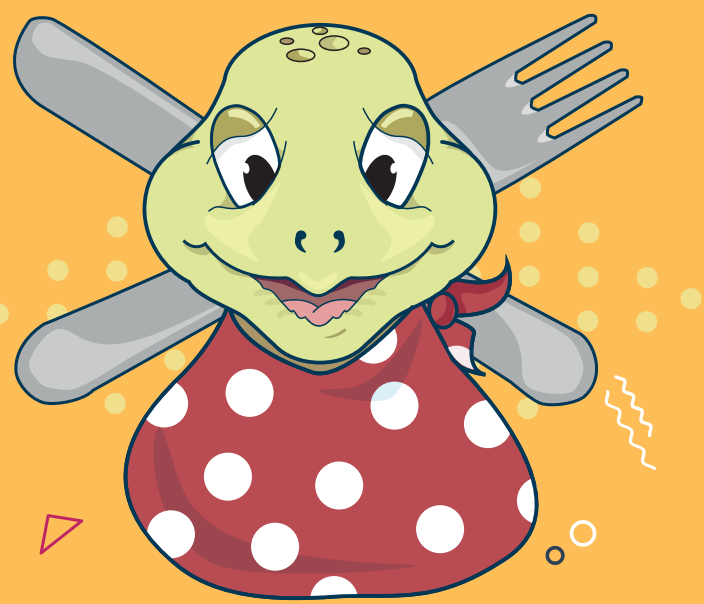


WEEKS 1 & 3

SUMMER MENU

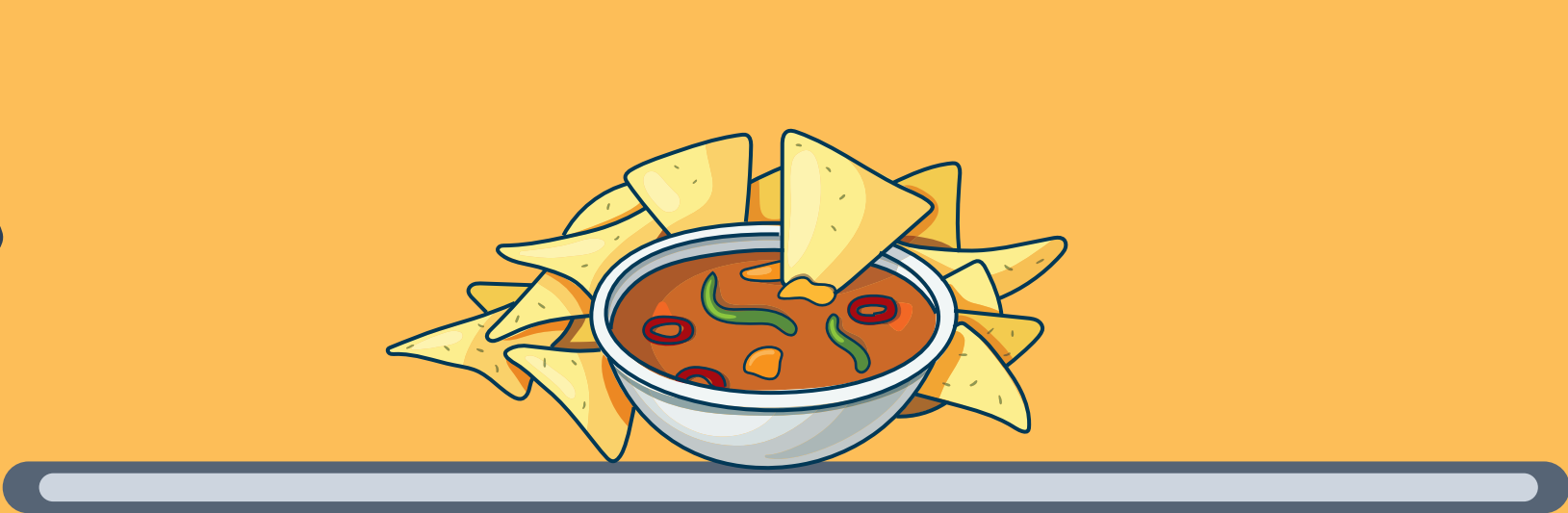
What you'll be eating this week



MACKNADE
FINE FOODS



SNACKS



MAINS



CRUDITÉS



PUDDING

Option 1

Option 2

DAY 1

Cheese pie bites
& fruit

★ 'Build your own'
veg chilli nachos

Tomato veg pasta
with cheese

★ 'Peel your own'
carrot sticks

★ 'Mystery veg'
sponge & custard

DAY 2

Flapjacks
& fruit

Veggie Katsu
Noodles

Bean burger & bun
with slaw

Cucumber sticks

Fruit jelly &
ice cream

DAY 3

Golf (energy)
balls & fruit

Sausage, potato
wedges & beans

Cauliflower mac 'n'
cheese

★ 'Peel your own'
carrot sticks

Fruity bread
pudding

DAY 4

Chocolate krispy
cakes & fruit

Jacket potatoes,
cheese & beans

'Orange' veg pasta
with cheese

Cucumber sticks

Ice lollies

★ Interactive food activity